



# KALEIDOSCOPE

Envisioning a world where individuals with mental health disorders receive optimal care because psychiatric pharmacists are an essential member of the health care team.

FEBRUARY 2023: A Newsletter of the AAPP Foundation

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## PRESIDENT'S LETTER: AAPP FOUNDATION'S INAUGURAL ANNUAL REPORT

*Chris Thomas, AAPP Foundation President*



The calendar has flipped to 2023, and I am proud to announce a full slate of initiatives and changes for the AAPP Foundation.

Foremost, we are thrilled to share our first-ever [AAPP Foundation Annual Report](#). The AAPP Foundation Board found it imperative, as fiduciaries of the AAPP Foundation, that we are transparent on how/where the money is generated and where the money is allocated. Thus, in the [2022 Annual Report](#), the AAPP Foundation Board of Directors is excited to share our successes from 2022, thank our 2022 donors, and provide transparency of our financials as an organization.

Only with your support, as donors, can we continue to exist as a 501(c)3 nonprofit organization offering grants and supporting strategic initiatives. We appreciate each and every one of you who made individual contributions, requested a corporate match or contribution from your employer, or paid it forward by purchasing items through AmazonSmile. Unfortunately, and as you may have heard, we were sad to learn that [AmazonSmile was discontinued](#) on February 20, 2023, but are thankful for the \$1,247 that was received in total from this program.

Up next, we turn our attention to the AAPP Annual Meeting, taking place April 16-19, 2023 in Atlanta. The AAPP Foundation will be represented at the event with [6 grant recipient posters](#), [two session sponsorships](#), a booth in the Centennial Ballroom foyer, and [28 student grant recipients!](#) As always, we would love for you to stop by our booth and say hello.

Another important milestone for the AAPP Foundation is the ending of the "in kind" hourly staff donations from AAPP. Over the past 10 years since the Foundation was created, AAPP kindly donated staff time for the Foundation to evolve and grow. Today, with both organizations noting significant growth and increasing complexity, the AAPP Foundation Board felt it was time to be autonomous and begin paying for staff time in managing and growing the foundation.



We are hopeful the members will recognize this as important step in the Foundation's maturation as we continue to live our **mission** "to advance the psychiatric pharmacy profession by supporting research, scholarship, and practitioner development."

We will continue to strive toward our **envisioned future** of "a world where individuals with mental health disorders receive optimal care because psychiatric pharmacists are an essential member of the health care team." And lastly, we continue to support and conduct initiatives defined by our **core purpose**:

1. Demonstrate the value of psychiatric pharmacists
2. Contribute to the development of future leaders in the profession
3. Support new practitioners
4. Support the National Alliance on Mental Illness (NAMI) as well as similar patient advocacy organizations

Additional information about strategic initiatives that we are supporting in 2023 is forthcoming. Thank you for trusting us with your donations as we work together to advance psychiatric pharmacy. As always, should you have any questions about the Foundation and our initiatives, feel free to contact me at [cthcal@aol.com](mailto:cthcal@aol.com)



Chris Thomas, PharmD, BCPS, BCPP

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## AAPP FOUNDATION SUPPORTS 2 ANNUAL MEETING SESSIONS

The AAPP Foundation is thrilled to be supporting two sessions at the [2023 AAPP Annual Meeting](#), to be presented live in Atlanta, Georgia and livestreamed for virtual attendees. These sessions align with the Foundation's mission to advance the psychiatric pharmacy profession by supporting research, scholarship, and practitioner development.

### *Stories Among Us: Lived Experiences with Mental Illness*

**Moderated by:** Kelly Gable, PharmD, BCPP (Moderator), Professor and Director of Well-being and Resilience, SIUE School of Pharmacy, Edwardsville, IL



### **Session Summary**

One in five U.S adults experience mental illness each year. Mental illness can affect anyone, including healthcare professionals. Literature supports that specifically in pharmacy education, stigma towards patients with mental illness is a significant concern. Likewise, within the pharmacy profession, evidence suggests that even pharmacists with many years of experience may still have negative perceptions of patients with mental illness. This stigma is reported amongst other mental health care professionals and notably is illustrated in literature that shows psychologists reluctance in disclosing their personal mental health concerns for fear of negative consequences. With the known prevalence of mental health concerns, it is likely that members within AAPP have experiences with mental illness that, if shared, can break down the stigma that surrounds mental illness even

within our own profession. Sharing these stories, struggles, frustrations, and outcomes may help to foster greater empathy and understanding towards our peers, colleagues, and patients.

In this session, four individuals will share lived experiences with mental illness, including their journey to find a suitable treatment plan, as well as experienced stigma and life or career challenges. Moderator Kelly Gable, PharmD, BCPP, will guide participants through an empathy-building exercise, help participants reflect on current perceptions of peers living with mental illness, and provide evidence to ultimately improve patient interactions and care.

### Display

The AAPP Foundation is proud to be sponsoring the *Stories Among Us* display in Atlanta, showcasing stories of mental illness among AAPP peers. We encourage attendees to take some time to read the stories and to share their own if they feel so inclined.

### *Understanding the Unique Mental Health Needs of the Refugee Population*

**Presented by:** Arash Javanbakht, MD, Director, Stress, Trauma, and Anxiety Research Clinic (STARC), Detroit, MI



### Session Summary

As threats such as war, persecution, and natural disasters around the world continue, it is estimated that 1 in 100 individuals will become a refugee in the near future. Psychiatric pharmacists can play an important role supporting individual members of the refugee population who experience depression, anxiety, and post-traumatic stress disorder, which occur at higher rates than the general population. However, pharmacists must be trained to support the mental health of this population and reduce barriers to accessing care. Cultural differences not only impact the willingness of members of a refugee population to seek treatment, but if treatment is sought, these individuals often face racism, bias, and discrimination from health care providers. In the session, participants will explore factors impacting mental health and identify cultural considerations when working with the refugee population to establish culturally sensitive care.

[Join us in Atlanta or online for these impactful sessions!](#)

## GRANT RECIPIENTS TO PRESENT POSTERS IN ATLANTA

The AAPP Foundation is thrilled to have 6 grant recipient posters being presented at the AAPP Annual Meeting, April 17 and 18, 2023! Grant recipient posters were accepted for inclusion, and we are excited to see the results of these projects.

### ***Defining the Future Grant Recipients***

*These residents and students are helping define the future of psychiatric pharmacy practice and care!*



**Nisha Bhavsar, PharmD**, PGY-2 Psychiatric Pharmacy Resident, USC School of Pharmacy: "[The Relationship Between Opioid Overdose Death Rates and Buprenorphine Distribution to Retail Pharmacies in California in 2021](#)"

**Trisha McHugh, PharmD**, PGY-2 Psychiatry Resident, Eskenazi Health: "[Gender Health Client Perceptions of Clinical Psychiatric Pharmacist Interactions: A Convergent Parallel Mixed Method Study](#)"

**Matthew Nuebel, PharmD**, PGY1 Resident, Providence St. Patrick Hospital: "[Evaluation of Major Adverse Events and Drug Discontinuation of Clozapine Based on Accordance to an International Adult Titration Guideline](#)"

Learn more at [aappf.org/grants/df](https://aappf.org/grants/df)

### ***Student Chapter Impact Grant Recipients***

*This grant program funds collegiate chapter activities and research that positively impacts local communities.*



**Project:** [Impact Of A Community Immersion Experience On Student Pharmacists' Associated Stigma Of Serious Mental Illness](#)

**Student Chapter & Primary Author:** University of Texas AAPP Collegiate Chapter, Amber Tran

**Grant Amount:** \$2535

**Project:** [Pharmacy Students Advancing Mental Health Equity in an Underserved Racial/Ethnic Community](#)

**Student Chapter & Primary Author:** The Ohio State University AAPP Collegiate Chapter, Amaal Ahmed

**Grant Amount:** \$1175

**Project:** [Assessing the Impact of Culture and Stigma on the Utilization of Mental Health Resources Amongst Health Professions](#)

**Student Chapter & Primary Author:** University of the Incarnate Word AAPP Collegiate Chapter, Cody Thomas

**Grant Amount:** \$1000

Learn more at [aappf.org/grants/studentchapterimpact](https://aappf.org/grants/studentchapterimpact)

## AMAZONSMILE DISCONTINUED FEBRUARY 20, 2023

Thank you for your support of the AAPP Foundation by shopping through AmazonSmile. [Announced January 18, 2023](#), Amazon discontinued this giving initiative as of February 20, 2023.

Through 2022, purchases from our generous supporters tallied \$1,247.01 in donations from AmazonSmile. These contributions helped cover some administrative costs incurred from AAPP Foundation operations and were appreciated.

Thank you to everyone who has supported the Foundation through this initiative in the past! Each contribution added up to make a difference as we work together to advance psychiatric pharmacy.

## 2022 DONORS MAKE AN IMPACT

In 2022, 137 donors gifted \$50,145 to assist with the Foundation's core initiatives, including [student grants](#) to attend the AAPP Annual Meeting, [Defining the Future](#) research grants, and [Collegiate Chapter Impact Grants](#). These activities bring the Foundation one step closer to our mission to advance the psychiatric pharmacy profession by supporting research, scholarship, and practitioner development.

Thank you again to everyone who helped us monetarily and by sharing our initiatives with others. Your support is very much appreciated, and we hope that you will continue to support us in 2022 and beyond.

### 2022 Donors

Jennifer Alastanos  
Azita Alipour  
Elayne Ansara  
Zach Atkinson  
LaGenia Bailey  
Matt Baker  
Jennifer Bean  
Lindsey Binns  
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Jeff Bishop  
Danielle Boggie  
Mary Borovicka  
Julia Boyle  
Kevin Bozymski  
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Charlie Caley  
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 Korin Richardson  
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 Jose Scarpa  
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 Steve Shoyer  
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 Tawny Smith  
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 Kathryn Sticca  
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 Erika Tillery  
 Chris Torhorst  
 Jayme Trott  
 Amy VandenBerg  
 Julia Vertrees  
 Robin Wackernah  
 Ken Walters  
 Mark Watanabe  
 Heidi Wehring  
 Barbara Wells  
 Pat Wilkinson  
 Andy Williams  
 Shelly Williams  
 Jacquelyn Wilson  
 Jim Wilson  
 Kara Wong  
 Natasa Zivak

## AAPP FOUNDATION AWARDS 28 STUDENT REGISTRATION GRANTS TO AAPP 2023

Thanks to the generous support of the [AAPP Foundation](#), [AAPP Past Presidents' Destiny Fund](#), and [AAPP members](#), twenty eight (28) PharmD students are receiving registration grants to attend AAPP 2023 in Atlanta, Georgia! Recipients were highly recommended and selected based on the merits of their applications.

Congratulations to the following recipients:

- Kevin Chen, Rutgers University
- Melscaryn Corcino, Washington State University
- Kayla Dodson, The University of Tennessee
- Katie Fella, Samford University
- Phoebe Fleck, Husson University
- Sofia Alejandra Garcia, University of Texas at Austin
- Kathryn Grant, Western New England University
- Christian Grillo, Nova Southeastern University
- Karly Hallin, University of Minnesota Duluth
- Kathleen Joines Harb, High Point University
- Kaitlyn Hubbs, University of Minnesota Duluth
- Rachel Hugenroth, University of Minnesota
- Grace Kim, University of North Carolina at Chapel Hill
- Audrey Long, North Dakota State University
- Morgan Murchison, The University of Texas at Austin
- Akina Nana, University of North Carolina at Chapel Hill
- Madison Noble, Virginia Commonwealth University
- Katelyn Pacheco, Nova Southeastern University
- Saumyaa Patel, The University of Texas at Austin

- Ashlyn Nicole Pulliam, University of Houston
- Viana Salinas, University of the Incarnate Word
- Valentina Sanchez, Nova Southeastern University
- Nicole Leigh Scott, Southern University of Illinois Edwardsville
- Ingrid Swanson, North Dakota State University
- Kaitlyn Tenn, University of North Carolina at Chapel Hill
- Cody Ryan Thomas, University of the Incarnate Word
- Rebekah Torchon, University of Maryland Eastern Shore
- Laylia Yang, University of Minnesota

AAPP 2023 has numerous opportunities for students, including a student education track, a mentoring opportunity, a research trainee poster session, networking, and more! Learn more at [aapp.org/2023](https://aapp.org/2023). AAPP Foundation supporters are encouraged to [donate](#) to keep this important grant program going! To ensure the donation is designated for this purpose, please add "student grants" in the order comment box.

[Download the PDF Press Release](#)

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## STUDENT CHAPTER IMPACT GRANTS AWARDED

The AAPP Foundation is pleased to announce the recipients of the second Student Chapter Impact Grant Awards. After a thorough evaluation process, the grant committee selected three chapters to receive funding.

The collegiate chapter award recipients are as follows (in alphabetical order):

- **University of Texas AAPP Collegiate Chapter, Project Leader: Amber Tran:** Impact of a Community Immersion Experience on Student Pharmacists' Associated Stigma of Serious Mental Illness
- **The Ohio State University AAPP Collegiate Chapter, Project Leader: Amaal Ahmed:** Pharmacy Students Advancing Mental Health Equity in an Underserved Racial/Ethnic Community
- **University of the Incarnate Word AAPP Collegiate Chapter, Project Leader: Cody Thomas:** Assessing the Impact of Culture and Stigma on the Utilization of Mental Health Resources Amongst Health Professions

AAPP Collegiate Chapters are having a substantial impact on their peers, institutions, and communities. The AAPP Foundation is impressed and encouraged by the submissions from student chapters and applauds all students and chapter advisors who are working to make a difference in their communities.

Award recipients will present posters at the AAPP 2023 Annual Meeting in Atlanta, Georgia, April 16-19, 2023. Additionally, chapter representatives will give presentations during the Student Chapter Meeting on Sunday, April 16 with recordings ultimately living on the AAPP website.

A requirement of the [Student Chapter Impact Grant program](#) is that the project should address one or more of the following goals: impact patient care, address mental health disparities, create awareness of psychiatric pharmacists and their value and contributions as members of the interprofessional treatment team, expand interest in psychiatric pharmacy as a career, and/or reduce the stigma related to mental health and substance use disorders. The AAPP Foundation anticipates offering this program again in 2023 with applications due September 2023. Additional information will be posted online at [aappf.org/grants/studentchapterimpact](https://aappf.org/grants/studentchapterimpact) when available.

[Download the PDF press release.](#)