



# KALEIDOSCOPE

Envisioning a world in which individuals with psychiatric and neurologic disorders receive optimal treatment, live free of stigma, and achieve their full potential

MARCH 2022: A Newsletter of the CPNP Foundation

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## TABLE OF CONTENTS

Announcing Our New Name: AAPP Foundation.....	1
CPNP/AAPP Foundation Supports 3 Annual Meeting Sessions .....	2
Grant Recipients to Present Posters in San Antonio .....	3
Come See Us in San Antonio! .....	4
Will You Join the Legacy Partners Society By Making a Bequest? .....	5
Student Registration Grant Recipients Announced for CPNP 2022 .....	6
Donors Help the CPNP Foundation Reach 2021 Goal.....	7

## ANNOUNCING OUR NEW NAME: AAPP FOUNDATION

*Chris Thomas, CPNP Foundation President*



I am thrilled to be stepping into the role of President for the CPNP Foundation Board of Directors for 2022 and 2023. What a tremendous time to be leading this organization alongside my fellow Board members. Our parent organization, the College of Psychiatric and Neurologic Pharmacists (CPNP) is celebrating 25 years of existence and recently announced their name change to the American Association of Psychiatric Pharmacists. As the philanthropic arm of CPNP and the important, close alignment between CPNP and the Foundation, **I am honored and pleased to announce that the CPNP Foundation will officially become the AAPP Foundation in 2022.**

Although our name is changing, our **mission** "to advance the psychiatric pharmacy profession by supporting research, scholarship, and practitioner development" has not changed. We continue to **envision** "a world where individuals with mental health disorders receive optimal care because psychiatric pharmacists are an essential member of the health care team," and we continue to support and conduct initiatives defined by our **core purpose**:

1. Demonstrate the value of psychiatric pharmacists
2. Contribute to the development of future leaders in the profession
3. Support new practitioners
4. Support the National Alliance on Mental Illness (NAMI) relationship as well as similar patient advocacy organizations through modest mental health related campaigns and events at CPNP Annual Meetings

2022 is staged to be an exciting year. The Foundation has given more grants and new practitioner support than ever before, and we can't wait to meet our grantees and see their results at the CPNP Annual Meeting in San Antonio.

Finally, I want to send a resounding THANK YOU to our donors, Legacy Partners, and everyone who advocates for optimal care for our patients living with mental illness. We appreciate your past support and ask for your continued support as we embark on our journey as the AAPP Foundation.



## CPNP/AAPP FOUNDATION SUPPORTS 3 ANNUAL MEETING SESSIONS

The CPNP/AAPP Foundation is thrilled to be supporting three sessions at the [2022 CPNP Annual Meeting](#) to be presented live in San Antonio, Texas and livestreamed for virtual attendees. These sessions align with the Foundation's mission to advance the psychiatric pharmacy profession by supporting research, scholarship, and practitioner development.

### ***The Way Forward: Our Path from Mental Illness to Mental Health***

**Presented by:** Dr. Thomas Insel, MD, Neuroscientist and Psychiatrist, Author, Co-founder: Humanest Care, MindSite News, Mindstrong Health, Former Director, National Institute of Mental Health



#### **Session Summary**

This presentation explores why we have not made more progress on outcomes for people with serious mental illness. Dr. Insel argues that we need to shift our focus from a purely medical model to address the 3 P's (people, place, and purpose). He defines the problem as medical but the solutions as social, environmental, and political.

### ***Racial and Health Disparities in Psychiatry and the Role of the Pharmacist***

**Presented by:** Dr. Sally Arif, PharmD, BCPS, BCCP, Associate Professor of Pharmacy Practice at Midwestern University



#### **Session Summary**

The delivery of health care is transforming with greater emphasis on patient-centeredness, health and wellness promotion, population health and community engagement, anti-bias and implicit bias training, and health equity. This session is intended to address this transformation by identifying racial disparities in the assessment, diagnosis, and treatment of psychiatric disorders, discussing the role of the pharmacist in addressing racial disparities in psychiatry, and considering strategies to mitigate the impact of racial disparities in psychiatry.

### ***Applying Lived Experience with a Mental Health Condition to a Health Professional Role***

**Presented by:** Dr. Jacintha Cauffield, PharmD, BCPS, CDCES, CRPS-A, Associate Professor of Pharmacy Practice at Palm Beach Atlantic University



#### **Session Summary**

Mental health stigma is rampant among not only patients but health care providers. This stigma prevents many from seeking and receiving the care they need. The recovery community has utilized the power of trained individuals with lived experience, otherwise known as peer specialists, to decrease this stigma by making it more acceptable and effective to live with a mental health condition. Although most peer specialists work at the level of the lay public, there is value in the nexus of the clinician and the peer specialist. Using my own personal experience, I will illustrate how a clinician who is also a peer specialist can leverage this combination to improve both patient care and clinician well-being.

[Join us in San Antonio or online for these exciting sessions!](#)

## GRANT RECIPIENTS TO PRESENT POSTERS IN SAN ANTONIO

For the first time ever, 10 posters from CPNP Foundation grant-funded projects will be presented at the CPNP Annual Meeting! We are thrilled that all grant recipient posters were accepted for the event and cannot wait to see the results of these projects.

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### COVID-19 Care Grants

*Thanks to the generous support of Dr. Joni Fowler, new programs allowing for increased access to care by psychiatric pharmacists and other team members were launched.*



**Project:** Enhancing Psychiatric Care in the COVID Era through Pharmacy-Based Long-Acting Injectable Delivery (Poster #304)

**Principal Investigator:** Samantha Catanzano, PharmD, BCPP, Clinical Assistant Professor, Behavioral Health Pharmacist, UT Austin College of Pharmacy

**Grant Amount:** \$5000

**Project:** Implementation of a Psychiatric Pharmacist driven Mental Health COVID-19 Continuation of Care Clinic (Poster #362)

**Principal Investigator:** Andrew Michael Williams, PharmD BCPP BCGP, Senior Clinical Pharmacist, Behavioral Health Pharmacies, Riverside University Health System

**Grant Amount:** \$3000

**Project:** Increasing Access to Psychiatric Care During a Global Pandemic through Clinical Pharmacist Practitioner Telehealth Services (Poster #208)

**Principal Investigator:** P. Brittany Vickery, PharmD, BCPS, BCPP, Associate Professor Wingate University School of Pharmacy, The Free Clinics

**Grant Amount:** \$3700

Learn more at [cpnpf.org/grants/covid](https://cpnpf.org/grants/covid)

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### Student Chapter Impact Grants

*These new grants showcase the impact of student chapters on their local community.*



**Project:** Access to Inclusive & Culturally Competent Mental Healthcare in Pharmacy Students & Residents (Poster #216)

**Student Chapter:** University of North Carolina (UNC)

**Grant Amount:** \$4,000

**Project:** Assessment of college students' attitudes and knowledge on opioid overdose and naloxone education and evaluating the effectiveness of a new naloxone distribution program (NaloxoneSC) at the University of Southern California (Poster #203)

**Student Chapter:** University of Southern California (USC)

**Grant Amount:** \$1,000

**Project:** Improving Student Access to Counseling and Psychological Services (CAPS) (Poster #217)

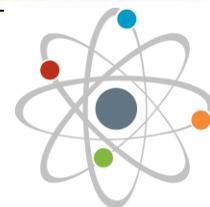
**Student Chapter:** Purdue University

**Grant Amount:** \$1,000

Learn more at [cpnpf.org/grants/studentchapterimpact](https://cpnpf.org/grants/studentchapterimpact)

## Defining the Future Grants

These residents and students are helping define the future of psychiatric pharmacy practice and care! Learn more about the Defining the Future grant program and view recipient posters at [cpnpf.org/grants](http://cpnpf.org/grants).



**Kathryn Collins, PharmD, MSPH, PGY2 Psychiatric Pharmacy Practice Resident, Los Angeles County+USC Medical Center:** "Improving Documentation and Patient Education on Psychotropic Drug-Drug Interactions" (Poster #415)

**Logan Smith, Pharmacy Student, University of Georgia College of Pharmacy:** "Prevalence of Impostor Phenomenon Among Graduate Students in Pharmacy and Counseling Psychology" (Poster #109)

**Casey M. Tiefenthaler, PharmD, PGY2 Psychiatric Pharmacy Resident, UC San Diego Health:** "Antidepressant Prescribing Patterns in Transgender Individuals Diagnosed with Gender Dysphoria and Mood or Anxiety Disorders" (Poster #106)

**Kira Voyer, PharmD, PGY1 Pharmacy Practice Resident, Denver Health Medical Center, Denver Health Medical Center:** "Effects of a Mindfulness Intervention on Burnout of Pharmacists in a Safety Net Health Care System" (Poster #493)

Learn more at [cpnpf.org/grants/df](http://cpnpf.org/grants/df)

## COME SEE US IN SAN ANTONIO!

The Foundation is thrilled to be supporting the first in-person CPNP Annual Meeting in three years! Our booth will be in the 3<sup>rd</sup> Floor Foyer, and members from the Foundation Board of Directors will be present at various times throughout the event to answer your questions about donations, bequests, grant programs, and more! Please join us for various Foundation-supported activities.

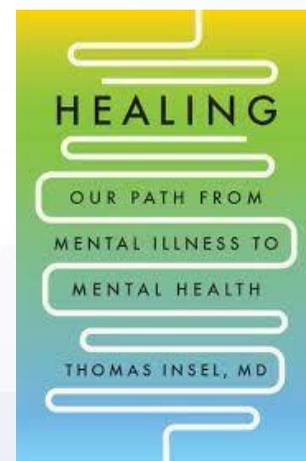
### Make a Donation for Your Chance to Win Dr. Insel's Book

Donate \$50 or more online ([cpnpf.org/pledge](http://cpnpf.org/pledge)) or at the registration desk during CPNP 2022 and be entered to win\* Dr. Insel's book, *Healing: Our Path from Mental Illness to Mental Health*. Winners' names will be drawn during the opening announcements on Monday, Tuesday, and Wednesday.

\*Winners must pick up books in San Antonio as books will not be mailed.

### Take a Photo for the 25<sup>th</sup> Anniversary Mosaic

The Foundation is co-sponsoring a photo mosaic experience for attendees! Photos will be taken at the mosaic booth and by roaming photographers throughout the event Sunday and Monday. Pose for a picture and place the printed picture on the mosaic to reveal the image!



## Hear Foundation Updates at the CPNP Forum On Our Future

The CPNP Forum On Our Future will feature numerous reports and updates from CPNP and the Foundation. Join us to hear about our plans for 2022 and beyond!

## Help our Student and Resident Grantees Feel at Home

The Foundation is pleased to support both student and resident attendance at the CPNP 2022 Annual Meeting. Please take time to say hello to these attendees and welcome them to our wonderful community. Some of whom may be attending their first CPNP event, so we appreciate you making them feel at home!

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## WILL YOU JOIN THE LEGACY PARTNERS SOCIETY BY MAKING A BEQUEST?

The CPNP Foundation's bequest program offers a chance to start building your legacy now, whether you're 25, 95, or anywhere in between. By committing to a Legacy Gift, your values are on full display during your life and tell your friends, family, and colleagues that you are committed to the profession and to the improvement of patient care. Will you consider making a bequest?

Legacy Gifts are often linked with death, and rightly so. These gifts are made after someone passes away and are typically documented in a will, retirement account, or insurance policy. Have you ever thought about the impact a Legacy Gift can make during your life?

The CPNP Foundation's bequest program offers a chance to start building your legacy now, whether you're 25, 95, or anywhere in between. By committing to a Legacy Gift, your values are on full display. Although your gift will be given later, committing to a bequest tells your friends, family, and your colleagues that the future of psychiatric pharmacy is important to you and that you are committed to the profession and to the improvement of patient care. Death is unpredictable, and people are going to remember you for the legacy you built during your life. We hope these commitments encourage others to contribute financially to our initiatives and help to ensure the future of the Foundation's work.



There are multiple ways to plan ahead for a Legacy Gift:

1. Include a bequest provision in your will
2. Use your retirement account
3. Use your life insurance

We recommend consulting with a lawyer and a financial representative to determine the best way for you to make a gift. After you have decided how you would like to make your commitment, complete the Foundation's [Bequest Notification Form](#) and return it to the CPNP Foundation via email at [info@cpnfpf.org](mailto:info@cpnfpf.org) or by mail (CPNP Foundation, 8055 O Street, Ste. S113, Lincoln, NE 68510). This form is not a legal document, and your commitment can be changed at any time.

"I find it very gratifying to know that even in death, I will be supporting the CPNP Foundation, an organization with values aligned very closely with my own, as the Foundation continues to support students and residents, to

improve access to care, and to expand availability of resources for patients, caregivers, and pharmacists. There is so much more that needs to be done." – Barbara Wells, a CPNP Foundation Legacy Partner

Thank you to all of our current [Legacy Partners](#), and thank you to everyone who is considering a Legacy Gift. We welcome your questions at [info@cpnpf.org](mailto:info@cpnpf.org).

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## STUDENT REGISTRATION GRANT RECIPIENTS ANNOUNCED FOR CPNP 2022

Thanks to the generous support of the [CPNP Foundation](#), [CPNP Past Presidents' Destiny Fund](#), and [CPNP members](#), twenty six (26) students received registration grants to attend CPNP 2022 in San Antonio, Texas! Congratulations to the twenty six students who were selected by the CPNP Student Committee based on the merits of their applications.

- Peyton Beck, University of Texas - El Paso
- Ilina Bozhkova, University of the Incarnate Word
- Alexandria Brinkmann, Samford University
- Katie Bye, North Dakota State University
- Aliyah Cruz, University of North Carolina - Chapel Hill
- Sarah Gamcsik, University of North Carolina - Chapel Hill
- Nahomi Guzman, Nova Southeastern University
- Madilyn Harris, Purdue University
- Karen Hawkins, University of South Carolina
- Kalynn Hosea, University of North Carolina - Chapel Hill
- Sydney Judge, Purdue University
- Shana Katz, University of North Carolina - Chapel Hill
- Jamie Kohler, North Dakota State University
- Clare Koss, University of South Carolina
- Caroline Leeflang, University of Florida
- Mimi Nguyen, University of North Carolina - Chapel Hill
- Meaghan Nieman, University of the Sciences
- Trexy Palen, University of Maryland
- Kelsey Reivers, Wingate University
- Melissa Rogers, Presbyterian College
- Abigail Sundberg, Nova Southeastern University
- Allison Tiemann, University of Texas at Tyler
- Sorina Torrez, University of Texas
- Brittany Weger, High Point University
- Kendall Wick, Wingate University
- Brenden Yoon, Purdue University

CPNP 2022 has numerous opportunities for students, including a student education track, a mentoring opportunity, a research trainee poster session, networking, and more! Learn more at [cpnp.org/2022](https://cpnp.org/2022). CPNP Foundation supporters are encouraged to continue [donating](#) to this important grant program. To ensure the donation is designated for this purpose, please add "student grants" in the order comment box.

[Download the Full Press Release](#)

## DONORS HELP THE CPNP FOUNDATION REACH 2021 GOAL

With the help of 191 donors, the CPNP Foundation collected \$56,753 in 2021, surpassing our \$50,000 goal! Thank you to everyone who contributed over the past year.

Money that is donated to the CPNP Foundation is used to assist with the Foundation's core initiatives, including [student scholarships](#) to attend the CPNP annual meeting, [Defining the Future](#) research grants, [Student Chapter Impact Grants](#), and [leadership support](#). Foundation activities bring the Foundation one step closer to our mission to advance the psychiatric pharmacy profession by supporting research, scholarship, and practitioner development.

Thank you again to everyone who helped us monetarily and to those who helped us [Shine Light on Mental Illness](#) in 2021. Your support is very much appreciated, and we hope that you will continue to support us as we become the AAPP Foundation in 2022 and beyond.



Acholonu, Wilfred W	China, Carol O	Fowler, Joan B	Kirkwood, Cynthia K.
Alastanos, Jennifer N	Cobb, Carla D.	Fuller, Matthew A.	Kissack, Julie C.
Alipour, Azita	Cole, Miranda L	Furmaga, Kevin M.	Klahs, David P
Allison, Kristen	Coleman, Debra S	Gana, Grace	Knox, Erin D
Anderson, Keith D.	Crouse, Ericka L.	Garcia, Crystal	Kurilla, Susan
Ansara, Elayne D.	Crow, Sharon M	Gardner, Kristen N	Lacro, Jonathan P.
Bean, Jennifer	Cullen, Marissa	Gasper, James J.	Laird, Lyle K
Benner, Sarah L	Cunningham, Julie L.	Gillies, Leigh	Lee, Kelly C.
Binns, Lindsey N	Cusimano, Joseph M	Goren, Jessica L.	Levin, Gary M.
Bishop, Danielle L.	Daniel, Jeremy	Gould, Stacy L	Liu, Mei T.
Bishop, Jeffrey R.	Denio, David P	Grady, Sarah E.	Logan, Linda D
Bogart, Gregory T	Digatono, Amie Jo	Griffith, June A.	Lott, Rex S.
Boggie, Danielle	DiPaula, Bethany	Gutierrez, Cindy A.	Love, Raymond C
Boggs, Angela	Donations, Facebook	Hall, Catherine S.	Mahto, Jaimi R
Borovicka, Mary C.	Dopheide, Julie A.	Hamby, Kerri	Markowitz, John S.
Bostwick, Jolene R.	Dorson, Peter G.	Hamill, Mary Lou	Mathys, Monica
Boyle, Julia S	Douglass, Amber R	Hansen, Karen P.	McGill, Monica
Brahm, Nancy C	Drogemuller, Lisa H.	Hawley, Joanne M.	McGuire, Michael
Brandt, Nicole	Dulac, Rosemary	Hieber, Robin N	McKee, Jerry R.
Braswell, John P	Dutton, Traci M.	Ho, Jessica L	Mehlman, Kaylee
Brehon, Rose Mone	Earl, Stephanie	Hoefling, Austin D	Melton, Sarah T.
Brown, Matthew	Edwards, Nancy	Holland, Joshua	Mican, Lisa M.
Burdge, Gary	Ehret, Megan J.	Holt, Joe E	Miles, Talia M
Burk, Bradley	Ellingrod, Vicki L.	Hopkins, Tiffany M	Miller, Lindsey N
Caley, Charles F.	Ereshefsky, Larry	House, Naomi A.	Mintz, Eileen
Campbell, Austin R	Evans, Roswell Lee	Johnson, Johnson &	Miskle, Benjamin
Cardoni, Alex A.	Fankhauser, Martha P.	Jones, Rebecca L.	Mitchell, Melissa
Cates, Marshall E.	Finley, Patrick	Kahlon, Christie H	Montgomery, Jamie L.
Chard, Nathaniel	Finocchio, Brittany	Kelly, Deanna L.	Morstad, Anne E.

Mulhollan, Jessica L  
Murphy, Mireille  
(Chambers) Nagy, Emily D.  
Najarian, Dean M.  
Nelson, Leigh Anne  
Nichols, Stephanie  
Ott, Carol A.  
Ouranos, Haleh  
Palmer, Emma C  
Pals, Haley  
Park, Susie H.  
Paxos, Chris  
Peroutka, Brianne K  
Phan, Stephanie V.  
Poole, Elizabeth  
Preinitz, Jennifer  
Price, Paul L.  
Price, Scott  
Putney, Jessica M  
Radtke, Michelle L  
Reinman, Christi  
Rey, Jose A.  
Rickles, Nate  
Rivera, Heidy  
Ross, Clint  
Rowe-Varone, Linda J.  
Ruekert, Laura F.  
Rutschman, Robert L  
Saklad, Stephen R  
Sarashinsky, Megan M.  
Scarpa, Jose  
Schimenti, Brenda K  
Schulte, Samantha L  
Silvia, Richard J  
Singer, Brandy A.  
Smigiel, Joseph  
Smith, Allison M  
Smith, Skyler J  
Sommi, Roger W.  
Sotelo, Samantha P  
Sparks-Dallas, Lavonda J  
Spollen, Shelly M.  
Springborn, Paul W.  
Sproule, Beth  
Steavenson, Rosana  
Stimmel, Glen L.  
Stock, Chris  
Stoner, Steven C.  
Straley, Craig  
Stutzman, Danielle L  
Tallian, Kimberly B  
Taylor, Daniel S  
Thedford, Sheryl  
Thomas, Christopher  
Thornton, Randall L  
Tiefenthaler, Casey  
Tillery, Erika E.  
Titus-Lay, Erika  
Trott, Jayme  
VandenBerg, Amy M.  
Vayda, Lisa K  
Vertrees, Julia E.  
Wackernah, Robin C  
Walters, J.Ken  
Wehring, Heidi J.  
Weinstein, Sujin Lee  
Wells, Barbara G.  
Werremeyer, Amy  
Williams, Andrew M  
Williams, Kelly E  
Williams, Raeschell D  
Wong, Kara R  
Zwack, Andrew