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Mental Health First Aid to be Offered in Dallas at CPNP 2020 Annual Meeting

The CPNP Foundation is proud to once again provide financial and logistical support to bring Mental Health First Aid to the CPNP 2020 Annual Meeting. The 8-hour course will be offered over two days, April 25-26, 2020, at the Hyatt Regency Dallas hotel. Attendance is limited to 60 participants.

Mental Health First Aid is a nationally-offered, 8-hour course that teaches participants how to identify, understand, and respond to signs of mental illnesses and substance use disorders. The course was first created in Australia in 2001 by Betty Kitchener, a nurse specializing in health education, and Anthony Jorm, a mental health literacy professor. The United States is just one of the many countries that have adapted the program. According to MentalHealthFirstAid.org, over 1.6 million people across the United States have been trained in Mental Health First Aid by over 15,000 instructors.

Following the training, participants will receive a certificate from Mental Health First Aid USA acknowledging certification which is valid for 3 years. Participants with a PharmD will also be able to earn 8 hours of ACPE credit through the National Community Pharmacists Association (NCPA). Mental Health First Aid will be available to participants of all levels, however, individuals who are trained in mental health will find the information to be basic.

A modest registration fee will be required to attend Mental Health First Aid training at CPNP 2020. Registration will be available soon and will conclude when 60 individuals have registered or on March 26, 2020, whichever comes first.

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The CPNP Foundation's mission is to enhance the capacity of pharmacy professionals to ensure effective and compassionate treatment of individuals with mental disorders. To contribute to the Foundation's mission, please consider a financial donation towards the 2019 Annual Campaign. Visit cpnpf.org/2019donations for more information and to see the campaign's progress.