### From Practice to Publication: Building Research into Your Role

Julie Cunningham, PharmD, BCPP, FAAPP
Associate Chief Pharmacy Officer Clinical Practice & Research
Mayo Clinic
Rochester, MN
cunningham.julie2@mayo.edu

AAPP Research Community Idea Exchange 2025



### Panelists:

 Dr. M Lynn Crismon PharmD, FCCP, FASCP, DABCP, BCPP Behrens Centennial Professor Emeritus of Pharmacy & Professor of Psychiatry The University of Texas at Austin - College of Pharmacy - Austin, TX



 Dr. Michelle Colvard PharmD, BCPP Clinical Pharmacy Specialist, Mental Health VA Tennessee Valley Healthcare System, - Nashville, TN



 Dr. Farah Khorassani PharmD, BCPP Health Sciences Associate Clinical Professor University of California, Irvine School of Pharmacy and Pharmaceutical Sciences -Irvine, CA





### Disclosures

None

<u>Note to attendees</u>: while presenters are encouraged to disclose any conflicts and to use the best evidence available, the presentations are not peer reviewed and attendees should accordingly verify details prior to making significant practice changes.



### Learning Objectives

- 1. Review upcoming AAPP Grant opportunities
- 2. Identify opportunities to incorporate research into clinical practice
- 3. Share research examples and experience from AAPP researchers



### **AAPP 2025 Practice Expansion Grants**

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Goal: Advance the reach and practice of psychiatric pharmacy

What: 2 x \$25,000 grants to support quality improvement

Who: Populations with psychiatric disorders including SUDs directly involving a psychiatric pharmacist

<u>Funding examples</u>: Salary support, consumable supplies and services, patient expenses/reimbursement, equipment, travel for presentation of results

<u>Funding exclusion examples</u>: Resident/fellow salaries, ongoing general operation expenses, equipment > \$10,000 or other capital costs, stipends, indirect institutional costs, activities unrelated to the project

When: Opens April 2025 with applications due October 1, 2025; winners announced December 2025



### **AAPP Outcomes Grant Award**

#### **AAPP 2025 Outcomes Initiative Grant**

Multi-Site Prospective Open Label Research Grant: The Benefit of a Psychiatric Pharmacist in Improving Patient Care Outcomes for Depression in Primary Care

<u>What:</u> Primary intervention: BCPP pharmacist compared to usual non-pharmacist primary care provider for patients with new moderate to severe depressive episode

Who: Single site will serve as the central data collection repository and have responsibility as the primary study coordinating site

- Up to \$250,000 grant for the coordinating primary investigator site
- Multiple sites will have the opportunity to participate with collecting data, reporting to the coordinating study site

<u>Timeline</u>: 2-2.5 years

When: Application opens: July 1, 2025 with applications due October 1, 2025

Planned FAQ session in Mid-July; Date TBD



### Panel Discussion



# Why is it important for practitioners to contribute to the body of evidence in their field?



# What is an example of an idea you identified from daily practice that was developed into a meaningful research project?



### What strategies have you found effective for balancing research with your daily responsibilities?



## What are some ways to integrate research opportunities into your current role?



Can you share an example of a research project that addressed an administrative priority, like patient safety, that resulted in internal support/resources for your research?



## What are barriers you have encountered in finding or being a mentor and how have you addressed?



# How can you involve students or trainees in research to benefit their growth and your projects?



### Questions?

Thank you for attending!



# What strategies have you found effective for building a research network or team both within and outside of your institution?



# What skills have you gained from conducting research that you've applied to other aspects of your role?

